



January 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Closed for New Year's Day	2 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	3 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese
6 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	7 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Peach yogurt	8 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	9 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	10 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
13 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	14 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	15 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	16 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	17 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
20 Closed for MLK Jr Day	21 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	22 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt	23 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	24 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix
27 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	28 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	29 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	30 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	31 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes

+Whole grain



February 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	4 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Blueberry yogurt	5 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	6 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
10 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	11 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	12 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	13 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	14 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
17 <p style="text-align: center;">Closed for President's Day</p>	18 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	19 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	20 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	21 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix
24 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	25 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	26 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	27 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	28 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes

+Whole grain



March 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	3 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	4 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	5 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	6 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
9 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	10 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	11 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	12 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	13 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
16 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	17 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Peach yogurt	18 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	19 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	20 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
23 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	24 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	25 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	26 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	27 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
30 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	31 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt			

+Whole grain



April 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	2 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	3 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
6 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	7 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	8 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	9 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	10 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
13 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	14 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Blueberry yogurt	15 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	16 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	17 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
20 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	21 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	22 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	23 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	24 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
27 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	28 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	29 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	30 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	

+Whole grain



May 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
4 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	5 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	6 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	7 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	8 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
11 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	12 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	13 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	14 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	15 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
18 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	19 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	20 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	21 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	22 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
25 Closed for Memorial Day	26 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	27 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Peach yogurt	28 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	29 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix

+Whole grain



June 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	2 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	3 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	4 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	5 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
8 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	9 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt	10 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	11 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	12 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
15 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	16 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	17 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	18 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	19 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
22 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	23 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Blueberry yogurt	24 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	25 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	26 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
29 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	30 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola			

+Whole grain



July 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	2 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	3 Closed for Independence Day
6 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	7 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	8 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	9 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	10 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
13 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	14 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	15 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	16 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	17 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
20 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	21 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	22 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	23 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	24 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
27 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	28 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	29 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	30 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	31 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes

+Whole grain



August 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	4 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Peach yogurt	5 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	6 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
10 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	11 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	12 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	13 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	14 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
17 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	18 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Raspberry yogurt	19 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	20 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	21 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
24 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	25 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	26 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	27 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	28 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
31 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches				

+Whole grain



September 2020 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Blueberry yogurt	2 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	3 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	4 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
7 Closed For Labor Day	8 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	9 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	10 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	11 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese
14 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	15 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	16 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar	17 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	18 +Blueberry-peach oatmeal ~~~~~ Triscuits Cucumber slices & ranch
21 +Whole wheat flakes Fresh fruit ~~~~~ Wheat thins String cheese	22 +Wheat bagel w/cream cheese Fresh fruit ~~~~~ Vanilla yogurt with Granola	23 +Cheerios Fresh fruit ~~~~~ Soft pretzel Applesauce	24 Rice Crispies Fresh fruit ~~~~~ +Whole wheat pita pizza with Cheese	25 +Apple oatmeal ~~~~~ +Soft breadsticks Cheese cubes
28 +Rice Chex Fresh fruit ~~~~~ Graham cracker Diced peaches	29 Cinnamon bagel w/butter Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	30 +Kix Fresh fruit ~~~~~ Flatbread Sliced cheddar		

+Whole grain